

Winter 2025-2026 Coed Volleyball Rules

There was a preseason captain's meeting held at 3rd and Spruce Recreation Center on Monday, November 4th and all the following situations were discussed, amended, and approved by All captains present.

1. **Matches will all be scheduled for Thursday evenings:**
 - a. There will be 4 matches played at 3rd and Spruce Recreation Center (320 South 3rd Street). Parking: all legal spaces on 3rd Street, Spruce parking lot, and Southwest Middle school parking lot.
 - b. Southern Middle School (931 Chestnut Street, Reading PA 19602) will have 2 matches per night. Parking: all legal spaces on 10th street and the Southern Middle School Parking Lot.
2. **Match Start Times:**
 - a. 3rd and Spruce:
 - i. First match: 7:30 PM (Arrive at 7:00 pm to set up)
 1. Representatives from ALL 4 TEAMS must participate!
 - ii. Second match: Approx 8:50 PM (arrive by 8:30 PM)
 1. The LAST 4 TEAMS of the evening are responsible for tearing down.
 - b. Southern Middle School:
 - i. First Match: 7:00 PM (arrive by 6:30 PM to set up)
 1. Representatives from BOTH 2 TEAMS must participate!
 - ii. Second Match: Approx 8:25 PM or ASAP (arrive by 8:00-8:15 PM) please note the second match MUST end by 9:50 PM – with tear down (BY BOTH TEAMS) being completed and gym empty by 9:55 PM.
3. **Playing Conditions:**
 - a. All matches will be played indoors with climate control. In the event of inclement weather, the athletic director has the right to close facilities. All captains will be notified as soon as possible, will be contacted by email, and reminded. If the Reading School District is closed, matches at 3rd and Spruce may still be played. Look for electronic communication for those changes.
4. **Match Structure:**
 - a. Every match will consist of 4 sets to 25 – starting at 4-4. Sets will be capped at 27 points.
5. **Scoring Competition:**
 - a. Each Match consists of 4 sets, each set 1 point – 18 matches: 72 sets.
6. **Team Composition:**
 - a. Each team consists of 3 males and 3 females (alternating)
 - b. A minimum of 5 players needed to start the match.
 - c. 3 males/2 females; 3 females/2 males; or 4 females/2 males may start a match.
 - d. 4 or less players are grounds for a forfeit.
 - e. NEVER 4 males/ 2 females
 - f. When a team has less than 6 players (5), it was decided to always have 3 players in the front row and then there will be a loss of serve and point when ghost enters right (1) back.
 - g. If there are players not in a set; it will be helpful if they call lines (line opposite ref 1st, then line closest)

- h. Players may only be rostered on ONE team.
 - i. Players should compete in at least 4 of the 18 matches to be able to participate in playoffs.
- 7. Referee Fees:
 - a. This year \$25.00 per team per match; NO electronic payment, cash only
 - b. Each team has 15 playing dates and 18 matches.
 - c. Each team has 3 double matches during the season. The double matches are always the 2nd match on court B at 3rd and Spruce.
 - d. Yearly (18 x 25) = \$450.00 Quarterfinals paid for by teams. Semi-Finals and Finals are paid by the Reading Recreation Commission.
- 8. Forfeit Responsibilities:
 - a. Forfeiting teams are responsible for paying BOTH fees (\$50.00) and loss of all sets that's evening.
 - b. If a team knows there will be lack of players for a match and they contact the athletic supervisor, other arrangements may be made.
 - c. When there are insufficient players (<5) to start a match, a point will be added to the other team's score every minute for first 15 minutes; result; forfeit set 1 25-4, after an additional 15 minutes set 2 and match will be forfeited.
 - d. The team without proper team will pay fees for both teams and lose all 4 sets.
 - e. All forfeit fees MUST be paid by next match.
- 9. Scoring:
 - a. Rally scoring will be in effect all season long. There will be 4 sets each evening of league – start at 4-4 and at 25 with 2-point advantage or 27-point cap.
- 10. Coed Rules Revisited:
 - a. 3 males/ 3 females alternate at time of serve.
 - b. If a ball is played more than one time on a side a female MUST contact ball before it passes over the net. A block is not considered a hit.
 - c. When there is only one male in front row one of the remaining males may assist in blocking at net – NO OFFESIVE hits (spikes)
 - d. Remember overlap are still possible in Coed because the rule relies on positions not sex of players.
 - e. Substitutions – male for male; female for female
- 11. Service Rules:
 - a. One service toss within 8 seconds of beckon.
- 12. Net rules:
 - a. A net fault occurs when a player contacts any part of the net, extension, or antenna with any part of the body except hair.
 - b. Reaching under the net to catch a ball that has not completely crossed the center line is encroachment and a net violation.
 - c. Placing of the hands or opposite side when ball hits (on purpose) and directing ball out of net is a net violation.
- 13. Center line
 - a. Hands and/or feet on or above the center line are fine. Any body part over center line and not on court and not interfering with play if fine.
 - b. Any other body part excluding hair, touching court on opposite side of center line is a violation example: knee, head, arms, etc.
- 14. Second ball/ Fair Pass Rule:

- a. After a detailed discussion; captains unanimously agreed to adopt the newest rule regarding the second contacts.
- b. The second contact does not have to be a clean, positive pass if the ball remains on the same side of the net and third hit is made by another teammate.
- c. If after this second contact results in the ball crossing the net or being legally blocked, it should be ruled a double contact.
- d. A third ball passed over the net must be executed cleanly; otherwise, it should be a double contact violation.
- e. A held ball (carry) is different from a double contact.

Referees are aware of this rule, and captains have requested the rule be reviewed during the match captains meeting. Captains should communicate with head referee regarding how matches are called. We all recognize there will be a learning curve for everyone.

- f. If there is no definitive rule the referee has the final say.

15. Balls:

- a. Before each match, the captains must agree on the ball for the match. If captains do not agree, the default ball will be Tachikara SV-5W

16. Spectators:

- a. All spectators and players not in a contest should respect those who are playing, teams arriving for the later (2nd match) match need to be respectful of teams on the court and keep safety as a paramount objective.
 - i. We will try to have bottled water and Gatorade available for minimal fee.
 - ii. We will make sure boys and girls locker rooms will be open at Southern.

17. We are looking at a league party on February 12, 2026. A bye week more to follow.

18. T-shirts will be given to 1st and 2nd place teams.

19. If you want uniforms, ask Mike.

20. Any problems reach out to Chelsie O'Neil (484-332-0382) or Mike Franhouser (484-336-5747)