

# VOLLEYBALL RULES & REGULATIONS

## 2023 Summer League

1. USA volleyball rules are in effect were noted below except #5, #7, #8.
2. Coed rules in the winter league require three men and three women alternating at time of service.
3. A male may substitute for a male and a female for a female, with respect to the other players in that set. Each set allows for potentially different substitutions.
4. All teams must have five players to start. 3 males-2 females, 3 females-2 males or 4 females-2 males (4th female occupies a male position).
5. This so-called "ghost rule" will be in effect for 5 player teams. A position will be reserved for the ghost at all times and loss of serve (1 point to opponent) will occur when "ghost" enters service area.
6. If a ball is contacted more than one time before being returned; at least (1) contact must be a female. Remember a touch on a block is not the first contact, therefore anyone may play the first touch over immediately with no violation.
7. A net fault occurs when a player touches any part of the net, antenna or extension with any part of the body, with the exception of hair. Reaching under the net to catch a ball that has not completely crossed a centerline or placing hand at net to direct a better ball will be considered a net fault.
8. Any player whose foot/feet or hand/hands is completely on the opponent's side of centerline will be called centerline violation. Any body part or entire hand or foot on the floor is a violation. Body parts over the centerline but not on court are OK as long as there is no interference with opponent.
9. Only the team captain is permitted to address the referee with a question.
10. All teams will set up or tear down. There is no tear down at 3rd & Spruce after second matches. Teams must be out of Southern MS by 9:50pm.
11. Every match will consist of four sets to 25 starting at 4-4. Sets will be capped at 27.
12. Matches need to start on time; protocol for incomplete teams:
  - A) 5 minute loss of first set
  - B) 15 minutes loss of first and second set
  - C) 20 minutes, forfeiture of match
13. Forfeiting teams pay entire ref fee (\$40). Must be paid before next competition.
14. If a team knows a potential forfeit and can give athletic supervisor a two day notice, they may not be responsible for full fee.
15. Team rosters:
  - A) Players under 18 need parental consent
  - B) All teams will be coed (3+3); minimum 5 to start as mentioned earlier.
  - C) No player can be rostered on two teams
  - D) Roster limit is 20 players (awards to max 14)
  - E) Roster due on or before first match
  - F) Additions must be made before the 5<sup>th</sup> match of the season.
  - G) If a team wishes to pick up a non-roster player for an evening, the captain of the team with the full roster has sole discretion to allow proceeding. The discussion and signing of waiver needs to be witnessed by official. All subsequent scores are binding. The non-roster player may not play for another in the same season
16. Referee fees are \$20/match per team.
17. Inclement weather-The athletic supervisor has a right to cancel matches. Notification will occur as soon as possible and will be sent out by email. Please note the closing of the Reading School District does not guarantee matches will not take place at 3rd & Spruce. This will be communicated through email.
18. Players should participate in at least 4 league matches prior to playing in playoffs. Injured players may be allowed special exemption through athletic supervisor.
19. Playoff teams must have 6 roster players to compete on any given night.
20. Tiebreaker sequence: (A) head to head. B) sets won vs playoff teams, C) coin flip  
Tiebreaker for final playoff spot: (1) head to head games won (2) play in game with tied teams
21. Rec department pays for the fees for semifinal and final matches
22. T-shirts for champions
23. When there is no rule, the referee's rules are final