

Girls Leadership Program

Confident
Healthy
Successful
Fabulous

Open to: Reading School District girls 5th—12th grade*

**must be a member of 3rd and Spruce Recreation Center or 11th and Pike Recreation Center; limited to 30 girls*

Dates: Wednesdays at 3rd & Spruce Rec Center starting October—May 2014

Time: 5:30p.m.—7:00p.m.

Instructors: Judie Thompson, PCC, Myndsight Consulting & Maritza Loaiza, RRC

About the program: At the Reading Recreation Commission, we are committed to empowering girls to be confident, healthy, and successful young women in their communities. Our leadership program will consist of weekly workshops and fieldtrips dealing with Self-Esteem, Inner Beauty, Etiquette, Compassion, Life Dreams, and Career Choices. All participants are required to attend the weekly meetings which will include guest speakers, fieldtrips, and presentations.

Supported by:

✦ St. Joseph Regional Health Network

